

# What Comes Next?

Hear real stories of Post School Options

## Resources

Transitions are a part of every person's life but can be challenging for young people and families to navigate when a young person has a disability. Careful planning and preparation help to ensure a smooth transition into employment, further education, vocational training, and life in the community.

This factsheet:

- provides information that young people and parents/carers can refer to when planning and transitioning to life beyond high school.
- gives young people and parents/carers an overview of the supports available through government agencies and the community.

### Webinar Guests Links

#### Richard Habelrih

[Autism Mates – Inclusion Is Our Mantra](#)

[Timmy The Turtle – Autism Mates](#)

[Products – Autism Mates](#): To purchase Richard's delicious Chocolate Freckles and other items.

[Autism MATES | Facebook](#)

Autism MATES ([@autism\\_mates](#)) • Instagram photos and videos

Richard & Randa ([@autismmates](#)) TikTok | Watch Richard & Randa's Newest TikTok Videos

#### Cassie Fisher

[Cassie Fisher Designs | Facebook](#)

[Fashion Design Certification \(newskillsacademy.com\)](#)



#### Aaryan Shah

[Macquarie Leaders and Achievers - Macquarie University \(mq.edu.au\)](#) – Early offer Scheme into Macquarie University.

[52. Cerebral Palsy & Climbing a Mountain | How our Biggest E \(amazon.com\)](#)

Listen to Aaryan Shah's podcast sharing how he has climbed mountains, surfed, given a TEDx talk stayed positive and much more.

[Triple H 100.1 FM, 2HHH 100.1 FM, Sydney, NSW | Free Internet Radio | TuneIn](#)

Join Aaryan and the team 'The Bench' between 6 to 8pm every Friday evening discuss the latest in sport. This is a community Radio station based in the Hornsby – Ku ring gai Area of Sydney.

[2ser 107.3 FM](#)

Aaryan Shah is executive producer (under Sean Britten) researching topical speakers and organising volunteers. This program airs every Friday 9am-12noon.



## NDIS Resources for School Leavers

### [Participant Employment Strategy | NDIS](#)

In 2019 the NDIS released its Participant Employment Strategy (Strategy). The Strategy sets out their vision, commitment, and plan for supporting participants to find and keep meaningful employment.

[Finding, keeping and changing jobs](#) has advice about pursuing employment goals, and how to talk to your Local Area Coordinator or Planner.

[School Leaver Employment Supports | NDIS](#) provides supports for up to two years to assist young people to prepare, look for and gain employment.

[Volunteering | NDIS](#) – Another avenue for those post school leavers who may want to explore different careers and avenues.

## Preparing for meetings relating to Post School

[Leaving school](#) | NDIS provides resources including worksheets and booklets around preparation for post school.

[Lets Get Working: A blog by Steven from Nova Employment](#) – A blog written by an employee of Nova Employment containing videos and tips relating to post school job hunting.

Cassie Fisher



## Tertiary Education Pathways

For those young people who are looking to undertake further study through TAFE or University post school.

[Planning for Post-Secondary Education - ADCET](#) – Dedicated to improving the educational experiences and successful outcomes for students with disability in post school education. Including resources and videos.

[Educational Access Scheme](#) - UAC – Scholarships, ATAR 'bonus' points and supports relating to access into university.

[How to Transition to Tertiary Education:](#) Helpful hints for people with Autism Spectrum Disorder - ADCET – Booklets specific to people on the Autism Spectrum containing planning that can help you cope with this transition.

[NDIS Pre-planning Toolkit for people with disability entering Higher Education or Vocational Education and Training](#) - ADCET – Designed to be used before starting a tertiary course, identifying what supports you may need, who is responsible for providing them and how you can access them.

[www.tafensw.edu.au/student-services/disability-services](http://www.tafensw.edu.au/student-services/disability-services) - A guide on how TAFE NSW can help in meeting each students support needs. Includes contact information by region.

Aaryan Shah



[Disclosure | Choosing your Path \(westernsydney.edu.au\)](http://westernsydney.edu.au) – Not sure how much information needs to be disclosed about you or young person’s disability? This website answers questions relating to this topic.

[Accessibility - Services and Support | MQ Sydney](#) – A guide from Macquarie University as spoken by Webinar Guest ‘Aaryan’ on how they can assist students with disabilities to be supported and included.

[Getting help | Western Sydney University](#) – General information from Western Sydney University on what they can provide in terms of support in tertiary education and what they cannot.

[Disability Service | Western Sydney University](#) – Contact information of Disability Service Team from Western Sydney University and what they can assist you in.

## Apprenticeships and Traineeships

[www.australianapprenticeships.gov.au](http://www.australianapprenticeships.gov.au)  
- An overview of all available Australian Apprenticeships, financial help, programs and available support networks.

[www.servicesaustralia.gov.au/organisations/business/services/centrelink/disabled-australian-apprentice-wage-support-program](http://www.servicesaustralia.gov.au/organisations/business/services/centrelink/disabled-australian-apprentice-wage-support-program) - A payment that assists employers of eligible Australian Apprentices with disabilities.

[Preparing Secondary Students for Work - PSSFW - MySkills](#) - Supports vocational training (VET) in secondary schooling to ensuring students are equipped with the skills that meet their needs.

## Selecting suitable Post-School Providers/Local Area Coordinators

[Clickability](#) | Australian Disability Directory - Connects you to highly rated NDIS providers local to you.

[National Disability Information Services \(ideas.org.au\)](http://ideas.org.au) – Provide support to people with disabilities, their families, carers, supports and service providers to become better informed when making decisions.

[Offices and contacts in your area](#) | NDIS – Provides general advice about the closest NDIS and partner office based on your suburb and location.

[LAC Partners in the Community](#) | NDIS - Complete guide to all NSW & ACT NDIS Partners in the Community.

## Webinars and Workshops relating to Post School

[School To Work](#) | Imagine More – A webinar aimed to increase confidence and motivate students to seek and find meaningful employment with the help and support of their family.

[Events | Resourcing Inclusive Communities \(ric.org.au\)](#) – Run by Family Advocacy, free online workshops relating to creating an inclusive life, developing visions, and making plans to find meaningful work for your young person.

[Let’s talk about work | NDIS](#) – Webinars and online sessions relating to Post School meetings including the process of meetings, managing NDIS funding understanding your current supports.