

Sensory Processing Resources



This list of resources accompanies Lifestart's *Making Sense of Sensory Processing* webinar.

Useful links

- [Understood](#) is a resource rich website focused on Learning and Thinking Differences. Visit the [families page](#) which has sections on School and Learning, Friends and Feelings, You and Your Family and Through Your Child's Eyes. Type "sensory processing" in the search box to bring up a wealth of information and ideas.
- [The Australian Parenting Website](#) has a wealth of information for all families. Type "sensory processing" in the search box to bring up a range of information and articles.

Books

Families have told us that the following books provided helpful information:

- Carol Stock-Kranowitz: *The Out of Sync Child*
- Lucy Jane Miller: *Sensational Kids: Hope and Help for Children with Sensory Processing Disorder*
- Christopher Auer: *Parenting a Child with Sensory Processing Disorder.*

Finding an Occupational Therapist (OT)

When looking for an OT to support you with understanding your child's sensory needs, it is important to know that they have experience with sensory processing and with children.

The Australian Parenting Website has information to support families to [choose a therapist](#) who suits them best.

You may may be able to find an appropriate OT through the following pathways:

- contact your local community health centre
- ask your child's early childhood educator or school teacher
- discuss with your doctor or other therapists you may be working with
- contact your your [NDIS Early Childhood Early Intervention \(ECEI\) Partner](#)
- visit OT Australia to search [their database.](#)